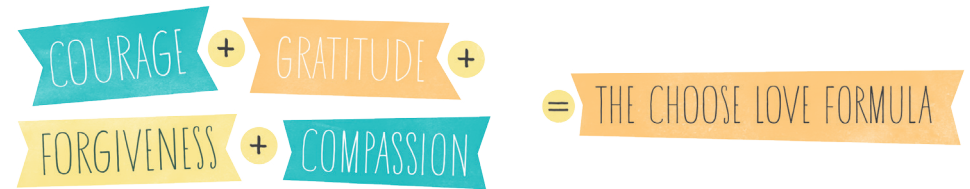









Jesse Lewis Choose Love Movement™

MARCH 2020

Let this calendar inspire you to start Choosing Love every day. There are little things you can do each day to show Courage, Gratitude, Forgiveness, and Compassion. This is how you Choose Love and these acts benefit you and so many others. Let's create a Choose Love ripple effect that reaches far and wide this March and through the year!



SUN	MON	TUE	WED	THU	FRI	SAT
<p>1 HAVE AN OPEN HEART TO FORGIVE.</p> 	<p>2 DON'T DWELL ON PAST MISTAKES.</p>	<p>3 FORGIVE YOURSELF; YOU DON'T NEED TO BEAT YOURSELF UP.</p>	<p>4 BE ABLE TO ACCEPT APOLOGIES.</p> 	<p>5 BE SINCERE TO OTHERS.</p>	<p>6 FORGIVENESS CAN TAKE A WHILE, DON'T GIVE UP!</p>	<p>7 YOU CANNOT GROW IF YOUR HEART HAS HATE IN IT.</p> 
<p>8 BE PATIENT WITH OTHERS, WE HAVE TO WAIT FOR THE GOOD IN OTHERS.</p> 	<p>9 REMEMBER EVERYONE IS HUMAN; WE ALL MESS UP.</p>	<p>10 IF YOU UPSET SOMEONE, TRY TO UNDERSTAND WHAT HURT THEM.</p>	<p>11 DON'T LET PRIDE STAND BETWEEN YOU AND APOLOGIZING.</p>	<p>12 EVEN IF SOMEONE DOESN'T SAY "SORRY", BE ABLE TO FORGIVE.</p>	<p>13 ONCE YOU ACCEPT YOUR FLAWS, YOU CAN FORGIVE OTHERS FOR THEIR FLAWS.</p>	<p>14 USE EMPATHY TO UNDERSTAND OTHERS' STRUGGLES.</p>
<p>15 YOU DON'T NEED TO UNDERSTAND SOMETHING IMMEDIATELY.</p>	<p>16 LOVING IS NOT EASY BUT IT IS BETTER TO FORGIVE THAN TO HATE.</p> 	<p>17 ST. PATRICK'S DAY SPREAD THE IDEA OF FORGIVENESS TO OTHERS.</p>	<p>18 DON'T LOSE FAITH IN YOURSELF WHEN YOU CAN'T WORK OUT PROBLEMS RIGHT AWAY.</p>	<p>19 EVEN IF SOMEONE HAS TREATED YOU BADLY ALWAYS RESPOND WITH KINDNESS.</p>	<p>20 OFFICIAL START OF SPRING! WITH A FRESH START IN A NEW SEASON MOVE AHEAD IN LIFE.</p>	<p>21 YOU CANNOT CHANGE PEOPLE BUT WITH FORGIVENESS YOU CAN CHANGE HOW THEY MAY ACT.</p>
<p>22 IT MAY BE HARD TO LET SOMETHING GO BUT ONCE YOU LET THE WEIGHT GO YOU WILL FEEL BETTER.</p>	<p>23 IF SOMEONE MAKES YOU UPSET, TELL THEM. THIS WAY THEY KNOW NOT TO DO IT AGAIN.</p>	<p>24 IT IS NEVER TOO LATE TO ASK FOR FORGIVENESS OR TO FORGIVE SOMEONE.</p>	<p>25 TRY YOUR BEST, DON'T FEEL GUILTY IF YOU DON'T SUCCEED.</p>	<p>26 FORGIVE OTHERS BECAUSE YOU WOULD WANT THEM TO FORGIVE YOU.</p> 	<p>27 FORGIVE YOURSELF SO YOU DON'T BLAME OTHERS FOR YOUR PROBLEMS.</p>	<p>28 LET ANY WEIGHT OF GUILT GO, IT JUST GETS IN THE WAY OF LETTING LOVE IN.</p>
<p>29 DISCUSS ISSUES WITH OTHERS, DON'T BOTTLE UP YOUR FEELINGS.</p>	<p>30 FORGIVENESS IS ABOUT GROWING, NOT FORGETTING.</p> 	<p>31 BE THE BIGGER PERSON AND DON'T HOLD A GRUDGE.</p>				