












Jesse Lewis Choose Love Movement™

OCTOBER 2019

Let this calendar inspire you to start Choosing Love every day. There are little things you can do each day to show Courage, Gratitude, Forgiveness, and Compassion. This is how you Choose Love and these acts benefit you and so many others. Let's create a Choose Love ripple effect that reaches far and wide this October and through the year!



SUN	MON	TUE	WED	THU	FRI	SAT
		1 DON'T BE AFRAID TO FAIL, IT TAKES COURAGE TO TRY AGAIN	2 JUST BECAUSE IT'S HARD DOESN'T MEAN IT'S IMPOSSIBLE	3 BE BRAVE ENOUGH TO BE YOU 	4 YOU CAN ACHIEVE ANYTHING WITH EFFORT	5 STRUGGLES MAKE LIFE HARDER, OVERCOMING THEM MAKES YOU STRONGER
6 IT'S BRAVE TO STAND UP TO AN ENEMY, BUT EVEN MORE TO STAND UP FOR A FRIEND	7 COURAGE IS LIKE A MUSCLE, YOU HAVE TO KEEP STRENGTHENING IT	8 LEAVE YOUR COMFORT ZONE AND TRY SOMETHING NEW	9 FAILURE SHOULDN'T BE AN ENDING, BUT A GREAT PLACE TO START	10 TRY YOUR BEST, AND WORK TO MAKE YOUR BEST EVEN BETTER 	11 YOU'RE BOUND TO MISS ALL THE CHANCE YOU NEVER TAKE, SO TRY IT!	12 SHARE A SMILE WITH SOMEONE NEW 
13 IT'S NOT FAILURE IF YOU ENJOY THE JOURNEY 	14 DO SOMETHING KIND FOR SOMEONE YOU KNOW 	15 IF PLAN 'A' DIDN'T WORK THERE ARE STILL 25 MORE LETTERS LEFT TO TRY	16 JUST BECAUSE YOU HAVEN'T FOUND YOUR TALENT DOESN'T MEAN YOU DON'T HAVE ONE	17 THERE'S A DIFFERENCE BETWEEN NOT KNOWING AND NOT KNOWING YET	18 YOU MAY NOT KNOW YET, BUT YOU'LL BE THERE SOON 	19 WITH YOUR STRENGTH SUPPORT YOURSELF AND OTHERS
20 IT TAKES COURAGE TO ASK FOR HELP AND TO ASK QUESTIONS 	21 WHEN YOU FEEL LOW BE WITH THE PEOPLE WHO CAN LIFT YOU UP	22 TOUGH TIMES DON'T LAST, BUT TOUGH PEOPLE DO 	23 IF SOMETHING IS WRONG DON'T BE AFRAID TO SPEAK UP	24 A HERO ONLY NEEDS ONE STRONG MUSCLE, THEIR HEART	25 PUT ASIDE YOUR DIFFERENCES TO CONNECT TO NEW PEOPLE 	26 DON'T BE QUICK TO QUIT, ANYTHING IS POSSIBLE WITH PASSION
27 BELIEVE IN YOURSELF A LITTLE MORE THAN YOU DID YESTERDAY	28 IT ISN'T HOW MUCH YOU CAN HANDLE BEFORE YOU BREAK, IT'S HOW MUCH YOU CAN HANDLE AFTER 	29 IF YOU'RE TEMPTED TO SAY 'I CAN'T' BE COURAGEOUS ENOUGH TO ADD 'YET'	30 BE UNAPOLOGETICALLY YOU 	31 COURAGE DOESN'T MEAN YOU DON'T GET AFRAID. IT MEANS YOU WON'T LET FEAR STOP YOU!		