

FLOURISH THIS YEAR

2

CHOOSE COURAGE

Practice leadership

Practice honesty

Practice perseverance

Practice creativity

Practice teamwork

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CHOOSE GRATITUDE

Practice hopefulness

Practice generosity

Practice appreciation and beauty

Practice humor and having fun

2

CHOOSE FORGIVENESS

Practice humility

Practice perspective

Practice prudence

Practice fairness

Practice self-regulation

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CHOOSE COMPASSION IN ACTION

Practice kindness

Practice curiosity

Practice spirituality

Practice love of learning

Practice social intelligence

Be Part of the Solution

www.jesselewischooselove.org