

SEL Educator Survey

Numerous studies have shown the tremendous benefits of teaching students Social and Emotional Learning (SEL). With that in mind, we'd like to survey you to get an understanding of your knowledge of and interest in Social and Emotional Learning. The survey should take no more than 15 minutes. Individual responses will be kept confidential and will not be attributed to individuals.

Thank you for your interest in providing your feedback on social and emotional learning.

Knowledge of, and Attitudes and Beliefs toward Social and Emotional Learning

Familiarity with SEL

SEL in pre-K-12 Schools

Social and emotional learning is defined by the Collaborative for Academic, Social, and Emotional Learning (CASEL) as the process through which children and adults acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions. Social and Emotional Learning skills include:

- Self-awareness
- Self-management
- Social awareness
- Relationship skills
- Responsible decision-making

1. Based on the above definition of SEL, how important is it for schools to promote the development of these social and emotional skills as part of students' in-school experience? (using the scale: 1 to 5, not important to very important, please write your answer)

2. As an educator, how important do you feel it is for students to acquire and apply the following social and emotional skills at school? (using the scale: 1 to 5, not important to very important, please write your answer for each)

- a. Understanding and managing emotions
- b. Setting and achieving positive goals
- c. Making responsible decisions
- d. Establishing and maintaining positive relationships
- e. Feel and show empathy for others

3. To what extent do you agree or disagree with each of the following statements? (using the scale: 1 to 5, strongly disagree to strongly agree, please write your answer for each)

“Supporting students in acquiring and applying Social and Emotional Learning skills is an effective way to...

- a. Reduce behavioral issues
- b. Improve student achievement
- c. Improve student engagement
- d. Improve school climate
- e. Improve student behavior

4. Have you received training on how to support students in acquiring and applying social and emotional skills? (circle one answer)

- a. Yes, both in pre-service (training before entering the teacher workforce) and in-service training
- b. Yes, in-service professional learning
- c. Yes, pre-service formal education
- d. No, I have not received training
- e. Not sure whether I received training

5. What kind of training? (College course, workshop etc...) (Optional)

6. How interested are you in receiving training or further training on the best practices for supporting students in acquiring and applying social and emotional skills? (using the scale: 1 to 5, not at all interested to very interested, please write your answer)

7. Please select the three most effective practices, programs, or strategies you think are necessary to improve students' Social and Emotional Learning. (select three):

- a. Integrate Social and Emotional Learning into curriculum and school activities
- b. Build community and relationships with students and parents
- c. Implement Social and Emotional Learning programs
- d. Employ school wide behavior management programs
- e. Model appropriate behaviors
- f. Draw on school counselors or mental health professionals
- g. Use mindfulness practices
- h. Engage in conflict resolution or restorative practices
- i. Use point systems or rewards
- j. School Wide behavioral-management programs
- k. Other (please explain)

8. What do you need in order to be best supported in implementing Social and Emotional Learning in your school or classroom? (check all that apply)
- a. Strategies for fostering an environment to develop students' social and emotional skills
 - b. Strategies for incorporating social and emotional skill development into classroom curriculum
 - c. Strategies for delivering multi-tiered supports for different types of students' social and emotional needs
 - d. Strategies for educator self-care
 - e. More engagement from parents and families
 - f. More knowledge of connections to existing resources and supports available through school, community groups, nonprofits, and government
 - g. Strategies for engaging students in their own social and emotional development.
 - j. Other, please list here

9. How do you think implementing a schoolwide SEL program would impact your students, staff and school community?

10. Are you interested in implementing a schoolwide SEL program at your school? (circle one)

- Yes
- No
- Unsure

11. Would you be willing to be on a steering/leadership committee to assist with implementing SEL schoolwide through a curriculum and other initiatives? (circle one)

- Yes
- No
- Unsure